

Town / Village / City / Hall / Gym / Street Name	Teacher	Phone	E-mail	Website
Aberdeen				
Aberdeen	Joe Burn	01224 591271	joe.burn@virgin.net	
Peterculter Mon am	Fiona Gibson	01224 861347	-	
CurlAbdn Mon eve	Fiona Gibson	01224 861347	-	
Citymoves Tues lunch	Fiona Gibson	01224 861347	-	
South Holburn Church Wed eve	Fiona Gibson	01224 861347	-	
Beaully				
Phipps Hall	Fiona Sarjeant	-	info@yogainverness.co.uk	www.yogainverness.co.uk
Edinburgh				
Edinburgh Central				
28 Great King St	Agnes Matthews	0131 225 9726	CMTpartner@aol.com	www.myyogateacher.net
George Heriots School, Lauriston Place	Katie Rutherford	0131 447 4708	katie.rutherford@blueyonder.co.uk	
Glenogle Swim Centre, Stockbridge	Alan Gould	0131 443 6194	alangouldyoga@yahoo.co.uk	
City Centre/ New Town	Blanka Peters	0131 225 6849	Blankayoga@blueyonder.co.uk	
Yoga Stable, 3A Montgomery Street Lane (towards top end Leith walk)	Annamaria Sacco & other teachers	0131 556 9526	info@yogastable.com	www.yogastable.com
Edinburgh East				
Salisbury Centre, Salisbury Rd	Clare Stephen	01875 835344	clarestephen@btinternet.com	

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Edinburgh North				
Room4Health at Tiso's, 41 Commercial Street, Leith	Liz Ballantyne	0131 466 2124	liz.ballantyne@blueyonder.co.uk	
Leith Community Centre	Nancy Dickson	-	Nancy.shiels@btinternet.com	
Leith Victoria Swim Centre	Alan Gould	0131 443 6194	alangouldyoga@yahoo.co.uk	
Edinburgh South				
Greenbank Church, Comiston Road	Katie Rutherford	0131 447 4708	katie.rutherford@blueyonder.co.uk	
The Edinburgh Iyengar Yoga Centre, 195 Bruntsfield Place	Elaine Pidgeon & many teachers	0131 229 6000	-	www.yoga-edinburgh.com
Supported Yoga at EIYC, 195 Bruntsfield Place Fri 2 - 3.30	George Glen	01875 320765	georgeglenok@yahoo.co.uk	
Edinburgh West				
Heriot-Watt University	Karen Smith	0131 447 8600	karen_ochka@hotmail.com	www.hw.ac.uk/sports/exdevserv/classes.htm
Murrayfield Church, Ormidale Terrace	Katie Rutherford	0131 447 4708	katie.rutherford@blueyonder.co.uk	
St Ninnians Church Hall, Corstorphine	Alan Gould	0131 443 6194	alangouldyoga@yahoo.co.uk	
Greens Health and Fitness, 15 New Mart Road (members & guests only)	Myles Lobjoie	-	ml011s6543@blueyonder.co.uk	

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Dolphinton, West Linton				
Dolphinton Village Hall	Julie Anderson	01968 661204	julieindia@hotmail.com	
Glasgow				
	Helen Graham		helengraham88@mac.com	http://glasgowyogaclasses.co.uk/
Haddington				
Trinity Centre, Church St Mon 7 -9	George Glen	01875 320765	georgeglenok@yahoo.co.uk	
The Bridge Centre Wed 9.45-12.15	George Glen	01875 320765	georgeglenok@yahoo.co.uk	
Innerleithen				
Innerleithen	Kyoko Atsumi	01896 831545	-	
Inverness				
Anam Cara, Kinmylies	Fiona Sarjeant	-	info@yogainverness.co.uk	www.yogainverness.co.uk
Kincraig				
Kincraig Village Hall	Trish Davis	01479 821920	trish.davis@nethybridge.com	www.nethybridge.co.uk
Lamancha, West Linton				
The Hub	Julie Anderson	01968 661204	julieindia@hotmail.com	

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Linlithgow				
St Margaret Hall	Susan Smith	01324 870914	Susan_art_yoga@yahoo.co.uk	
Springfield Community Wing	Susan Smith	01324 870914	Susan_art_yoga@yahoo.co.uk	
Nethy Bridge				
Balciuin, Lynstock Park	Trish Davis	01479 821920	trish.davis@nethybridge.com	www.nethybandb.co.uk
Peebles				
Gytes Leisure Centre	Julie Anderson	01968 661204	julieindia@hotmail.com	
Gytes Leisure Centre	Ailsa Peck	01721 723339	dfpeck@btinternet.com	
Penicuik				
Strathesk Primary School	Julie Anderson	01968 661204	julieindia@hotmail.com	
Stirling				
The Mayfield Centre, St Ninian's, Stirling	Ishani Erasmus	01786 44 90 92	ishani.erasmus@yahoo.co.uk	