

ALLAN, JOHN, *Yoga*

BAYLY, D.E., *Reflexology Today*

BLAKEY, P., *The Muscle Book*

BRENT, P., *Godmen of India*

BELL, L., *Gentle Yoga: For People with Arthritis, Stroke Damage, M.S. or People in Wheelchairs*

BHAKTIVEDANTA, S.P. (Transl.), *The Bhagavad Gita As It Is (2 copies)*

CALAIS-GERMAINE, B., *Anatomy of Movement*

CHANCHANI, S. and R., *Yoga for Children*

COULTER, D. H., *Antatomy of Hatha Yoga*

DANIELOU, *Yoga: The Method of Re-Integration*

DOUGANS, I., *Reflexology*

EVANS-VENTZ, W.Y. (Ed.), *The Tibetan Book of the Dead*

FEUERSTEIN, G., *Encyclopedic Dictionary of Yoga*

GARDE, R.K., *Principles and Practice of Yoga Therapy*

GRAY, H., *Gray's Anatomy*

GUENTHER, H., (Trans.), Sgam. P. Pa, *The Jewel Ornament of Liberation*

HAHN, T.N., *Old Path White Clouds, Walking in the Footsteps of the Buddha*

HAHN, T.N., *Peace is Every Step*

HARRER, H., *Seven Years in Tibet*

HEWITT, J., *The Complete Book of Yoga*

HILLS, M. & HORWOOD J., *Curing Arthritis Exercise Book*

HOARE, S., *Tackle Yoga*

HOARE, S., *Yoga and Pregnancy*

HOPKINS, J. (Transl. And Ed.), *The Buddhism of Tibet: His Holiness the Dalai Lama*

IYENGAR, B.K.S., *Astadala Yogamala Volume 1*

IYENGAR, B.K.S., *Astadala Yogamala Volume 2*

IYENGAR, B.K.S., *Light on Astanga Yoga*

East of Scotland Iyengar Yoga Institute Library

IYENGAR, B.K.S., *Light on Yoga*

IYENGAR, B.K.S., *Light on the Yoga Sutras of Patanjali*

IYENGAR, B.K.S., *The Art of Yoga*

IYENGAR, B.K.S., *The Tree of Yoga*, (4 copies)

JARMEY, C. & TINDALL, J., *Acupressure for Common Ailments*

KEY, S., *Back in Action*

LUBY, S., *Body Sense. The Hazard Free Fitness program for Men & Women*

MASCARO, J., *The Bhagavad Gita*

MASCARO, J., *The Upanishads*

McKENZIE, R., *Treat Your Own Neck*

MEHTA, S., M. and S., *Yoga the Iyengar Way*

MERTON, T., *Seeds of contemplation*

MACINTYRE, A., *M.E. Post Viral Fatigue Syndrome: How to Live With It*

RAMAN, K., *A Matter of Health: Integration of Toga and Western Medicine for Prevention and Cure*

RIEKER, H. U., *The Yoga of Light: Hatha Yoga Pradipika (2 copies)*

ROLF, I., *Rolfing*

STEWART, M., *Yoga*

STEWART, M., *Yoga Over 50 (2 copies)*

SWAMI, S. (Trans.), *Aphorisms of Yoga by Bhagwan Shree Patanjali (2 copies)*

SWAMI, V., *The Complete Illustrated Book of Yoga*

SWAMI, V. *Karma Yoga*

SWAMI, V., *Inana Yoga*

SWAMI, V., *Raja Yoga*

SWAMI, V., *Bhakti Yoga*

TELANG, S., *Understanding Yoga through Body Knowledge*

TOBIAS, M. & STEWART, M., *Stretch and Relax*

WIRHED. R., *Athletic Ability and the Anatomy of Motion*

East of Scotland Iyengar Yoga Institute Library

YESUDIAN, S. & HAICH, E., *Yoga and Helth (2 copies )*

YOGANANDA, P., *Autobiography of a Yogi*

YUTANG, L. (Ed.), *Wisdom of India*

### **Videos**

*Guruji*

*1938 Practice Film*

*Yoga Masterclass (2 copies)*

*Ashtanga Yoga: The Primary Series*

*Iyengar Yoga Jubilee with Dr Geeta Iyengar: Overcoming the Obstacles to Yoga (2002) Teachers Workshops Tapes 1-3, General Workshops Tapes 1-3, Question and Answer Session*

### **Missing Books**

CLENNEL, B., *Props and Ailments*

EVANS-VENTZ, W.Y. (Ed.), *The Tibetan Book of the Great Liberation,*

EVANS-VENTZ, W.Y. (Ed.), *Tibetan Yoga and Secret Doctrines,*

HAHN, T.N., *Being Peace,*

HAHN, T.N., *The Sun my Heart,*

HAHN, T.N., *The Day with Yoga,*

HOLLEMAN, D. & GUPTA, S., *Dancing the Body of Light,*

HARRISON, M., *Self-Help with PMS*

IYENGAR, B.K.S., *Light on Pranayama (2002 edition),*

IYENGAR, B.K.S., *The Concise Light on Yoga,*

IYENGAR, B.K.S., *The Path to Holistic Health,*

IYENGAR, G., *Yoga: A Gem for Women,*

IYENGAR, G., *Yoga in Action: A Preliminary Course,*

PRAVHAVANANANDA, S. & ISHERWOOD, C. (Trans.) *Bhagavad-Gita: The Song of God*

**Missing Books continued**

JORDAN, S., *Yoga for Pregnancy: Safe and Gentle Stretches*

KORNFELD, J. and BREITER, P. (Eds.), *A Still Forest Pool: The Insight Meditation of Achaan Chah*

KRISHNAMURTI, J., *You are the World*

LAU, D. (Trans.), LAO TZU: *Tao Te Ching*

RAMAYANDAS, S.D., *First Steps in Yoga*

RINPOCHE, S., *The Tibetan Book of Living and Dying*

SCARAVELLI, V., *Awakening the Spine*

SCHATZ, M., *Back Care Basics* MISSING

STEWART, M. & PHILIPPS, K., *Yoga for Children*

VASU, S.C. (Trans.), *The Gheranda Samhita*

WARD, B., *The Body and Health*

WHITE, G & FORREST, A., *Double Yoga*