

CONSTITUTION FOR as approved at AGM 3rd SEPTEMBER 2006

1. Title

The name of the Society shall be the East of Scotland Iyengar Yoga Institute (known as ESIYI) referred to in this constitution as "the Institute".

2. Objects

- (a) To promote public understanding of the principles of Yoga established by Yogacharya B. K. S. Iyengar.
- (b) To encourage and promote, throughout the East of Scotland area classes for the instruction and training of the public in the principles of Yoga established by Yogacharya B K S Iyengar, and to arrange and provide for the holding of demonstrations, meetings, lectures and classes.
- (c) To raise funds or borrow money and to invite and receive contributions by way of subscription, donation or otherwise, provided that the Institute shall not undertake any permanent trading activities in raising funds for its charitable objects.
- (d) To encourage students and teachers to join the Institute and to affiliate all persons subscribing to the Institute to the Iyengar Yoga Association (UK) and to pay the Iyengar Yoga Association (UK) affiliation fee on behalf of such persons.
- (e) To publicize electronically and/ or issue a news sheet informing members of its activities, and to distribute Iyengar Yoga News, the magazine of the Iyengar Yoga Association (UK), to all persons subscribing to the Institute.
- (f) To maintain an electronic web-site and a secure data-base of members, whereby there will be no disclosure of data without prior agreement of all or individual members.
- (g) To maintain links with other Iyengar Yoga Institutes, in particular any other Scottish Institutes, and to send representation to Iyengar Yoga Association (UK) meetings.
- (h) To do all such things as are necessary for the attainment of the above objects.

3. Membership

- (a) A person who subscribes to the Institute an annual sum fixed in accordance with the provisions hereof shall be an ordinary member of the Institute and shall be entitled to attend and vote at all general meetings of the Institute so long as her/his current subscription due on the 1st of April of each year has been paid, but a person whose subscription is more than six months in arrears shall cease to be a member.
- (b) The Executive Committee may in its discretion refuse to accept any person as a member of the Institute.

4. The Executive Committee

- (a) In the first instance the executive committees will be appointed at the Inaugural meeting. The Institute shall appoint at the Annual General Meeting an Executive Committee to be constituted as a Chairperson, Honorary Treasurer, and up to 6 other members including

any other office bearers deemed necessary.

- (b) All members of the Executive Committee shall retire annually but shall be eligible for re-election
- (c) At least two members of the Executive Committee shall be certified Iyengar Yoga teachers, and at least two shall be Yoga students of more than two years standing (to be incorporated within 24 months from the date of the inaugural meeting).
- (d) The Executive Committee shall have power to fill casual vacancies and to co-opt members to the Committee provided that the total number of Committee members shall not exceed eight. Co-opted members shall retire in accordance with paragraph (b) of this clause.
- (e) The Executive Committee shall appoint such Committees as it thinks fit whether standing or ad-hoc Committees to which specific powers may be delegated, provided that not more than a minority of the quorum of any such Committee shall be non members of the Executive Committee and provided further that all acts and proceedings of any such Committee shall be reported back to the Executive Committee as soon as possible, and any decisions taken are required to be ratified by the Executive Committee.

5. General Conditions relating to Committees

- (a) The quorum of the Executive Committee and Standing and other Committees shall be two-thirds of the membership thereof or five members whichever is the smaller.
- (b) The Executive Committee shall hold meetings at least three times a year and not more than five months shall elapse between the date of one meeting and that of the next.
- (c) Standing Committees shall meet as often as the Executive Committee shall determine.
- (d) Standing Committees may co-opt additional members to attend their meetings for special purposes. Such additional members shall have the right to vote.

6. Meetings of the Institute

- (a) In each year there shall be one Annual General Meeting of the Institute, which shall be held not later than six months after the end of the financial year of the Institute and such other Extraordinary General Meetings as the Institute may determine.
- (b) Not less than 21 days' written notice of the Annual General Meeting and 14 days' written notice of any Extraordinary General Meeting shall be given to every member providing that the accidental failure to notify any member shall not invalidate the proceedings of that meeting.
- (c) A Special General Meeting of the Institute shall be called by the Executive Committee on not less than 14 days' notice if so requested in writing by not less than twenty of the members of the Institute. The notice of requisition shall include the business to be discussed at the Special General Meeting and no other business shall be discussed.
- (d) There shall be a quorum when seven members, including one of the Honorary officers, are present.
- (e) All motions shall be in writing signed by the proposer and seconder and shall be delivered to the Chairperson and read by him or her before any debate thereon shall take place.
- (f) Any matter shall be decided in the first place on a show of hands but the Chairperson may

order a secret ballot and must do so if required by more than five members.

- (g) The Executive Committee shall have power to make regulations enabling members unable to be present to vote by proxy or in writing.
- (h) The matters to be dealt with at the Annual General Meeting shall include:
 - (i) The elections to the Executive Committee.
 - (ii) The appointment of the Auditors of the Institute.
 - (iii) The receipt of the Report of the Executive Committee and Standing Committees on the previous year's work, the receipt of the balance sheet and income and expenditure account for the preceding financial year.

7. Functions of the Executive Committee

The Executive Committee shall control and provide for the administration of the affairs of the Institute and in particular:

- (a) Formulate and give effect to the general policy of the Institute.
- (b) Give guidance to the Standing and other Committees and receive and consider reports from them.
- (c) Fix the amount of the annual membership subscription.
- (d) Generally act in the name of the Institute.

8. Officers

- (a) The President of the Institute shall be Yogacharya B K S Iyengar. The Executive Committee shall appoint a new President to fill any vacancy in the office of President.
- (b) The Honorary Treasurer shall be responsible to the Executive Committee for the proper keeping of the Institute's accounts and shall have power to give receipts for all moneys paid to her or him on the Institute's account and shall administer the funds of the Institute in accordance with the instructions of the Executive Committee.
- (c) The Honorary Secretary shall attend meetings of the Institute and the Executive Committee and shall (subject to the directions of the Executive Committee) assist in the day to day management of the affairs of the Institute. (This role could be rotated throughout members of the committee).
- (d) The Chairperson shall be the chairperson of any meeting at which he or she is present. In his or her absence the meeting shall elect a chairperson. The chairperson of any meeting shall have a casting vote.
- (e) Minutes and Actions of all meetings of the Institute and of the Executive Committee shall be kept. At every meeting of the Institute or the Executive Committee the minutes of the last meeting of the Institute or the Executive Committee (as the case may be) shall be reviewed and if confirmed by the meeting shall be signed by the Chairperson and be made available to any member of the Institute on request.
- (f) The Executive Committee may appoint and pay such legal and financial advisers as shall from time to time be necessary for the carrying out of the work of the Institute.
- (g) The Executive Committee shall maintain such banking accounts in the name of the

Institute as it thinks fit, into which shall be paid all sums due, either by cash or cheque, and out of which shall be paid all sums due in the form of cheque only. Cheques shall be signed by two members of the Executive Committee, at least one of whom shall be an office bearer.

9. Accounts

- (a) The Institute's financial year shall end on the 31st March in each year.
- (b) The Executive Committee shall cause proper books of account to be kept with respect to:
 - (i) all sums of money received and expended by the Institute and the matters in respect of which such receipts and expenditure take place.
 - (ii) the assets and liabilities of the Institute.
- (c) The books of the account shall give a true and fair view of the affairs of the Institute.
- (d) The books of account shall be kept at such a place and shall be available for inspection by any member at such time as the Executive Committee shall decide.

10. Amendments to the Constitution

- (a) Any clause of the Constitution may be altered or revoked and new rules may be made, altered and revoked by a majority of two thirds of the members of the Institute voting in General Meeting in person or by proxy.
- (b) Any proposal to alter a clause or to introduce a new clause must be communicated to the Chairperson in writing at least thirty-five days before the meeting at which the proposal is to be moved and the notice of requisition of such meeting shall include the text of such proposal.

11. Dissolution

The Institute shall be dissolved in General Meeting on a proposal by the Executive Committee and by a majority of three quarters of the members present and voting in person or by proxy. Any assets remaining after satisfaction of any outstanding liabilities shall be in the first instance passed to any other existing Scottish Iyengar Yoga Institute or where none exist donated to the Iyengar Yoga Development Fund.