

ESIYI – Calendar of Events 2010

Jawahar Bangera workshops

26, 27, 28 January 2010 – 12noon – 4pm.

This event is organised by the Edinburgh Iyengar Yoga Centre and supported by the ESIYI.

Edinburgh Iyengar Yoga Centre

Jawahar has been a student of BKS Iyengar since 1963 and is the senior teacher at the Iyengar Yogashraya in Mumbai. He has been welcomed in Britain on many occasions, at first travelling with Guruji as a helper and then sent here by Guruji to teach. He has taught at national teacher's conventions and was the guest teacher at the 2003 and 2006 IYA (UK) Conventions. These workshops will be great opportunities to experience the depth of his insight and teaching.

EIYC, 195 Bruntsfield Place, Edinburgh, EH10 4DQ,

Discounted price: £120 for the three days, or £45 for one workshop.

Limited places- Priority booking for teachers and then for senior students (minimum of 4 years' experience).

Julie Anderson (half-day workshop)

27 February 2010 – 10am – 1pm

Julie is a local popular teacher. She started yoga in her youth near Edinburgh and now takes classes near her home in the Scottish Borders. Julie has studied regularly with the Iyengars in Pune since 1999 as well as with visiting senior teachers, ensuring her teaching is up to date with current, approved teaching practices.

Caerketton Hall, Fairmile Head church

Helen Graham (full-day workshop)

17 April 2010 – 10am – 4pm (with ESIYI AGM)

Helen back again by popular demand. She has been teaching Iyengar Yoga since 1990 and now holds the only Senior Teaching Certificate in Glasgow and the West of Scotland. She is also an assessor for the IYA and currently runs her first introductory teacher training course in Glasgow. Helen regularly visits the Ramamani Iyengar Yoga Institute, in Pune, India, where she attends general classes and helps with the medical classes.

Professional Development Day (for teachers) with Dave Browne

19 June 2010

Place and time to be confirmed

Liz Tonner (weekend workshops)

23-24 October 2010 – 10am – 4pm

Liz is a very experienced Senior teacher from Yorkshire (she teaches in Wakefield, Huddersfield, Bradford). She runs regular Teacher Training and Teacher's Workshops.

Place to be confirmed

Application forms for all events will be available on the website www.eastofscotindyoga.org

The Iyengar Yoga Association of the UK's (IYAUK) 2010 Convention will be held in Nottingham (30 April to 3 May 2010). The Convention will be lead by Zubin Zarthoshtimanesh. Zubin has been working closely with the Iyengars for many years and now runs and teaches at the Iyengar Yogabhyasa centre in Mumbai. You can register for the Convention at:

<https://www.iyengaryoga.org.uk/conference/home.asp>